

Surgeon _____

Date / Time of Surgery _____

Report time to ACC _____

DAY OF SURGERY INSTRUCTIONS

- **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT** the night before surgery. This includes water, coffee, soda, juice or any other liquid. Eating or drinking before surgery could lead to serious complications and your procedure will be cancelled.
- **SPEAK WITH YOUR SURGEON IF YOU HAVE MEDICATION ALLERGIES OR TAKE BLOOD THINNERS** (Aspirin, NSAIDS, Plavix, Lovenox, Coumadin) Your surgeon will give you appropriate instructions.
- **BE PREPARED ON YOUR DAY OF SURGERY:**
 - ☐ Wear casual clothing (make allowances for surgical dressings)
 - ☐ Do not wear makeup
 - ☐ Do not wear nail polish
 - ☐ Do not wear fragrances
 - ☐ Do not wear contact lenses
 - ☐ Do not wear jewelry
 - ☐ Remove all body piercings before you come to the surgery center
 - ☐ Leave anything of value with your escort or at home
- **A COMPETENT ADULT MUST BE AVAILABLE TO DRIVE YOU TO AND FROM THE AMBULATORY CARE CENTER.** Your safety is our primary concern. For this reason, if you come to the Ambulatory Care Center without an escort to provide your transportation, your case will be cancelled. ***You may not travel, unaccompanied, in a taxi or car service after your procedure.***
- **FOR PEDIATRIC PATIENTS: ONE PARENT MUST REMAIN IN THE SURGERY CENTER AT ALL TIMES.**
- **A COMPETENT ADULT MUST REMAIN WITH YOU FOR 24 HOURS AFTER SURGERY.**
- **IF YOU TAKE ANY MEDICATIONS, FOLLOW THE INSTRUCTIONS ON THE FOLLOWING PAGE.**
- **IF YOU HAVE ANY QUESTIONS REGARDING THESE INSTRUCTIONS, OR YOUR PROCEDURE, PLEASE CALL YOUR SURGEON'S OFFICE.**

✓ **YES**, TAKE THESE MEDICATIONS WITH A SMALL SIP OF WATER ON YOUR DAY OF SURGERY:

- Heart medications
- Blood pressure medications
- Thyroid medications
- Anti-seizure medications
- Anxiety medications

X NO, DO NOT TAKE THESE MEDICATIONS ON YOUR DAY OF SURGERY:

- **Medications for Diabetes**
 - Insulin – Humulin, Novolin, NPH Insulin
 - Glucophage
 - Amaryl
 - Glucotrol
 - Metformin
- **Medications for High Cholesterol**
- **Water Pills**
 - Lasix (Furosemide)
 - Dyazide
 - HCTZ / Triamterene
 - Aldactone
 - Diuril
 - Zarozolyn

BILLING INFORMATION

- If your insurance requires a referral for office visits, a referral must be obtained for the Ambulatory Care Center.
- Physicians and anesthesia fees may be billed separately by their respective offices. The Ambulatory Care Center bills the facility fee.