

Surgeon Christopher Bruno, M.D.

Date / Time of Surgery _____

You will be called 24 hrs prior to surgery

Report time to ACC TBD

Location: 1133 E. Chestnut Ave Vineland, NJ 08360

DAY OF SURGERY INSTRUCTIONS

- **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT** the night before surgery. This includes water, coffee, soda, juice or any other liquid. Eating or drinking before surgery could lead to serious complications and your procedure will be cancelled.
- **SPEAK WITH YOUR SURGEON IF YOU HAVE MEDICATION ALLERGIES OR TAKE BLOOD THINNERS** (Aspirin, NSAIDS, Plavix, Lovenox, Coumadin) Your surgeon will give you appropriate instructions. Omega-3, Vitamin E, Xarelto, Eliquis
- **BE PREPARED ON YOUR DAY OF SURGERY:**
 - ☐ Wear casual clothing (make allowances for surgical dressings)
 - ☐ Do not wear makeup
 - ☐ Do not wear nail polish
 - ☐ Do not wear fragrances
 - ☐ Do not wear contact lenses
 - ☐ Do not wear jewelry
 - ☐ Remove all body piercings before you come to the surgery center
 - ☐ Leave anything of value with your escort or at home
- **A COMPETENT ADULT MUST BE AVAILABLE TO DRIVE YOU TO AND FROM THE AMBULATORY CARE CENTER.** Your safety is our primary concern. For this reason, if you come to the Ambulatory Care Center without an escort to provide your transportation, your case will be cancelled. ***You may not travel, unaccompanied, in a taxi or car service after your procedure.***
- ~~**FOR PEDIATRIC PATIENTS: ONE PARENT MUST REMAIN IN THE SURGERY CENTER AT ALL TIMES.**~~
- **A COMPETENT ADULT MUST REMAIN WITH YOU FOR 24 HOURS AFTER SURGERY.**
- **IF YOU TAKE ANY MEDICATIONS, FOLLOW THE INSTRUCTIONS ON THE FOLLOWING PAGE.**
- **IF YOU HAVE ANY QUESTIONS REGARDING THESE INSTRUCTIONS, OR YOUR PROCEDURE, PLEASE CALL YOUR SURGEON'S OFFICE.**

Dr. Bruno's Office 856-696-0020

✓ **YES, TAKE THESE MEDICATIONS WITH A SMALL SIP OF WATER ON YOUR DAY OF SURGERY:**

- Heart medications
- Blood pressure medications
- Thyroid medications
- Anti-seizure medications
- Anxiety medications

X NO, DO NOT TAKE THESE MEDICATIONS ON YOUR DAY OF SURGERY:

- **Medications for Diabetes**
 - o Insulin – Humulin, Novolin, NPH Insulin
 - o Glucophage
 - o Amaryl
 - o Glucotrol
 - o Metformin
- **Medications for High Cholesterol**
- **Water Pills**
 - o Lasix (Furosemide)
 - o Dyazide
 - o HCTZ / Triamterene
 - o Aldactone
 - o Diuril
 - o Zarozolyn

BILLING INFORMATION

- If your insurance requires a referral for office visits, a referral must be obtained for the Ambulatory Care Center.
- Physicians and anesthesia fees may be billed separately by their respective offices. The Ambulatory Care Center bills the facility fee.

AMBULATORY CARE CENTER		POLICY & PROCEDURE	
Scope:	All Staff	Category:	Pharmacy
GLP-1 RECEPTOR AGONISTS			

POLICY

The Center shall provide guidelines for patients taking glucagon-like-peptide-1 (GLP-1) receptor agonists prior to surgery.

PURPOSE

To ensure delivery of information and instructions by PAT to patients preoperatively.

PROCEDURE

The following are guidelines for holding glucagon-like-peptide-1 (GLP-1) receptor agonists prior to surgery at Ambulatory Care Center.

GLP-1 agonists are increasing in utilization for the treatment of type 2 diabetes and weight loss. These medications are associated with adverse gastrointestinal side effects including delayed gastric emptying. There is concern that patients taking these medications are at increased risk of regurgitation and pulmonary aspiration of gastric contents during anesthesia, which can lead to serious complications. The American Society of Anesthesiologists (ASA) Task Force on Preoperative Fasting has the following recommendations.

For patients scheduled for elective procedures:

- For patients on weekly dosing, hold GLP-1 agonists one week prior to the procedure/surgery.
- If a GLP-1 agonist is not appropriately held, an elective case may be cancelled. A decision to proceed with an elective case will be made by the anesthesiologist after review of patient symptoms and full discussion of the potential risks with the patient and surgeon.
- All patients should follow current ASA fasting guidelines.

GLP-1 agonist medications currently available on the U.S. market include: **(weekly dosing in bold)**

- **Dulaglutide (Trulicity®)**
 - **Exenatide (Byetta®)**
 - **Exenatide extended-release (Bydureon®)**
 - **Semaglutide injection (Ozempic®)**
 - **Tirzepatide (Mounjaro®)**
- Rybelsus , Wegovy , Ozempic (Semaglutide)
- Victoza , Saxenda (Liraglutide)